



# September 2010

## Elementary Schools Lunch Menu



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

		<b>1</b> Chicken Soft Taco OR Chef Salad <u>SERVED WITH</u> Corn Garden Salad Fruit	<b>2</b> Cheese Pizza OR Corn Dog <u>SERVED WITH</u> Fries Veggie Sticks/Dip Fruit	<b>3</b> Chicken Taco/Chips OR Grilled Cheese <u>SERVED WITH</u> Refried Beans Rice Green Beans Fruit
<b>6</b> NO SCHOOL LABOR DAY	<b>7</b> Chicken Nuggets/Bread OR Cheese/Crackers OR Cheese Sandwich <u>SERVED WITH</u> Carrots Power Peas Fruit	<b>8</b> Chicken Pattie/Bun OR Turkey Sandwich <u>SERVED WITH</u> Mashed Potatoes Green Beans Fruit	<b>9</b> Chicken Salad/ Lettuce & Crackers OR Grilled Cheese Sandwich <u>SERVED WITH</u> Corn Garden Salad Fruit	<b>10</b> Cheeseburger/ Bun/Pickles OR Burrito <u>SERVED WITH</u> Fries Veggie Sticks/Dip Fruit
<b>13</b> Corn Dog OR Ham Sandwich <u>SERVED WITH</u> Mashed Potatoes Power Peas Fruit	<b>14</b> Chicken Nuggets/ Roll OR Cheese/Crackers <u>SERVED WITH</u> Corn Green Beans Fruit	<b>15</b> Open Faced Turkey Sandwich OR Rib Q/Bun <u>SERVED WITH</u> Mashed Potatoes Tossed Salad Fruit	<b>16</b> Hot Dog/Bun OR Turkey Sandwich <u>SERVED WITH</u> Tater Tots Veggie Sticks/Dip Fruit	<b>17</b> Chicken Soft Taco OR Chef Salad <u>SERVED WITH</u> Mashed Potatoes Garden Salad Fruit
<b>20</b> Chicken Pattie/ Bun OR Cheese/Crackers <u>SERVED WITH</u> Mashed Potatoes Broccoli Fruit	<b>21</b> Spaghetti/Meat Sauce/Roll OR Turkey Sandwich <u>SERVED WITH</u> California Vegetables Tossed Salad Fruit	<b>22</b> Pizza OR Chicken Salad Sandwich <u>SERVED WITH</u> Peas Mashed Potatoes Fruit	<b>23</b> Corn Dog OR Rib Q/Bun <u>SERVED WITH</u> Corn Tossed Salad Fruit	<b>24</b> Cheeseburger/ Bun/Pickles OR Burrito <u>SERVED WITH</u> Fries Veggie Sticks/Dip Fruit
<b>27</b> Hot Ham & Cheese/ Bun OR Hot Dog/Bun <u>SERVED WITH</u> Mashed Potatoes Veggie Beans Fruit	<b>28</b> Chicken Nuggets/Bread OR Cheese/Crackers <u>SERVED WITH</u> Carrots Green Beans Fruit	<b>29</b> Spaghetti/Meat Sauce/ Roll OR Corn Dog <u>SERVED WITH</u> Mashed Potatoes Power Peas Fruit	<b>30</b> Cheese Pizza OR Rib Q/Bun <u>SERVED WITH</u> Confetti Fries Veggie Sticks/Dip Fruit	

### Breakfast Menu

#### MONDAY

Cinnamon Toast  
(1 or 2) OR  
Cereal &/or Toast

#### TUESDAY

Cereal &/or Toast OR  
Pop Tart &/or Toast

#### WEDNESDAY

Cinnamon Toast  
(1 or 2) OR  
Cereal &/or Toast OR  
Breakfast Round

#### THURSDAY

Biscuit & Gravy OR  
Cereal &/or Toast OR  
Pop Tart & Toast

#### FRIDAY

Egg & Toast OR  
Cereal &/or Toast  
OR Cinnamon Toast

