

## EASTSIDE 8<sup>th</sup> GRADE CLASS RULES

All Eastside Middle School rules are in effect on this tour. Be warned that drugs in any form or the possession of alcohol will result in the student being sent home at the parents' expense. Swimming is at your own risk and requires a signed parental permission form.

### WHAT TO TAKE ALONG

1. Take enough money to buy snacks, soft drinks (\$2.50) and souvenirs.
2. Toiletries and medication (if needed). Do not pack medication in your suitcase. You will need to follow school procedures for medications.
3. You will need to make sure that you have your phone charger, plug-in adapters and USB cables to keep all of your electronics charged and ready to use.
4. Alarm clock, hair dryer, curling iron, etc. Check with your roommates; you don't all need to take one.
5. Driver's license or student I.D. with picture.
6. Take anything you feel you may need (as long as it fits in your one (1) suitcase).
7. Casual clothing is appropriate for the trip.
8. Be sure to have comfortable shoes because you will be doing a lot of walking and standing. This is not the time to be breaking in a new pair of shoes even if you think they are comfortable. You need shoes already molded to your feet.
9. A raincoat or umbrella may come in handy.

### GROUP TRAVEL HINTS

1. Good manners are "IN" .....wherever you go.
2. Cooperate with your chaperones and keep them informed as to where you or your group is going. Stay in groups of at least three.
3. If you are ill, tell your chaperone immediately.
4. Review your itinerary and be aware of your responsibilities.
5. Moving a large group takes longer than moving an individual. Keep a smile on your face and be patient. Be on time! If you are late, the entire group is late.
6. Eat properly! Choose nourishing foods; don't load up on junk foods. PLEASE EAT A GOOD BREAKFAST!
7. Sleep at night. You will enjoy the tour more if you are properly rested.
8. Don't spread rumors. If you have a question, ask your director or your tour escort.

### HOTEL INSTRUCTIONS

1. Read the instructions in your room concerning escape in case of emergency.
2. At curfew, you must be in your room. No one is to enter your room after this time except chaperones.
3. Keep the noise level down. It is important that chaperones and escorts are not called by the manager because of unnecessary noise from your room.
4. Elevators are used to transport all hotel guests from floor to floor. When using them, respect the fact that other people are staying in the hotel.
5. Telephones are available for proper use and must not be used after curfew. You cannot make outside calls from your room (not even local calls). All incoming calls will be referred to your chaperone's room.
6. Do not take items from your room. You will have to pay for them.
7. If the room has a balcony, please do not throw anything from it.
8. Keep your room locked at all times. Know who has the keys. Each room should receive two keys upon check-in. The hotel has a safe for personal belongings; however, we suggest you leave your valuables at home.
9. No student is allowed in the room of a person of the opposite sex!

## MOTOR COACH INSTRUCTIONS

1. Blankets and pillows may be taken inside the coach. Music devices may be carried, but earphones MUST be used.
2. Food may be consumed as long as the coach is kept clean.
3. Do not leave personal items on the coach overnight.
4. Please treat the driver with respect.
5. Each coach has a "necessary". It is equipped with a chemical toilet and once it is full, it is unusable until it can be emptied. It also has a very unpleasant odor. Do not use the "necessary" unnecessarily. Do not put foreign objects down the "necessary".
6. When the coach makes a stop, do not disembark until the tour escort or your chaperone releases you.
7. Do not move about the coach when you are in heavy traffic.
8. Keep the noise at an appropriate level.
9. Please, no flash photography on the coach.

## ABOUT BIG CITIES

Walking around D.C. is different than strolling around your hometown. The streets are very crowded with people rushing around at a fast pace. This clearly calls for you to use good "street sense".

1. Keep with your group.....don't stray. No one should wander around alone. Be in groups of at least three at all times.
2. Keep a firm grip on your purse or camera; wallets in front pockets, etc.
3. Pay attention to traffic signals and don't walk too close to the curb. Be mindful of the traffic, both vehicular and pedestrian.
4. Be extremely cautious about striking up a conversation with strangers. If someone repeatedly annoys you, approach your chaperone or tour escort. What some construe as harmless flirting is often interpreted differently in the big city.
5. You will hear many foreign languages. Remember that even though you do not understand them, they probably will understand you. Be careful with your comments.
6. Keep an open mind and enjoy all the wonderful things Washington DC has to offer.

## CHAPERONE RESPONSIBILITIES

1. Your main responsibility is to help the students have an enjoyable and safe trip.
2. See that the students understand all instructions.
3. On check-in, please check the students' room for damage, etc. Report any problems to the tour escort.
4. On check-out, please check your students' rooms for items left behind, damage, etc. Report any problems.
5. Check your students' room at curfew time and inform the principal of any irregularities.
6. Awaken your students each morning and be sure they are up following their wake-up call.
7. Be courteous and helpful. Report any violations to the principal. Correct when necessary.
8. The after-hours noise rule must be enforced.
9. Don't carry rumors. Any questions, ask the principal. Don't complain if everything isn't just right. We will all probably feel the same.
10. Do not grant favors, unless you can do it for everyone on the tour.
11. If an emergency does happen, please see that we have the medical history and signed permission slip to go with the student.
12. Be patient. Don't get excited. Keep a smile. Have a good time yourself.